



## Introduction to Kinesiology, 4E

By Shirl Hoffman



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Introduction to Kinesiology: Studying Physical Activity, Fourth Edition, offers the most cohesive introduction to the field of kinesiology available, giving students a solid background in the field and preparing them for further study and course work.

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Hoffman has published extensively on a variety of topics, including sport philosophy and ethics, evangelicalism and religion in sport, sociology of sport, and motor learning and performance. He also has been a frequent commentator on problems in kinesiology and higher education. He has published widely on topics related to motor learning and control, qualitative analysis of movement, and sport philosophy, especially sport and religion. He was the charter executive director of the American Kinesiology Association and now is editor of *Kinesiology Today*, an online magazine.

Hoffman is a fellow emeritus of the American Academy of Kinesiology and Physical Education. He is the author of *Good Game: Christianity and the Culture of Sport* (2010) and was the project coordinator for *Careers in Sport, Fitness, and Exercise* (2011), published by the American Kinesiology Association.

Hoffman and his wife, Claude, reside in Greensboro, North Carolina and Boone, North Carolina.

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