



## Daily Drum Warm-Ups - 365 Exercises To Develop Your Technique (Book/Cd) (Drum Instruction)

By Andy Ziker

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(Drum Instruction). Here are 365 fantastic warm-ups one for every day of the year! Covers essentials such as: rudiments, patterns, weak hand builders, triple strokes, finger control, odd-time and much more. Drummers will improve their speed, dexterity, accuracy, coordination, and dynamic control, while developing their stylistic repertoire. The audio includes every exercise, 20 foot ostinatos that can be used as play-alongs, and five brush examples. The audio is accessed online using the unique code inside each book and can be streamed or downloaded. The audio files include PLAYBACK+, a multi-functional audio player that allows you to slow down audio without changing pitch, set loop points, change keys, and pan left or right.

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### Editorial Review

#### Review

"...great resource, working in tandem with Andy's other workout book, *Drum Aerobics*." -*Drummer Cafe*

"...drummers will not only slip into a kind of meditative warm-up zone, they'll also grow increasingly adept at tackling the next day's challenge." -*Modern Drummer Magazine*

"...handy addition to any drummers library and I expect I will be using as part of my daily routine for years to come." -*Mike Dolbear*

### Users Review

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##### Janet Magnuson:

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