



## Steps We Took

*By Joe McQ*



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The director of an addiction treatment center for more than four decades, Joe McQ has become an internationally respected teacher and lecturer on the Twelve Step method introduced by Alcoholics Anonymous and since adopted by dozens of recovery groups. In *The Steps We Took*, Joe offers countless analogies, insights, explanations and elucidations of these principles, drawing from his own recovery experience and those of the hundreds he has helped. The title, taken from the words spoken at ....

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### Editorial Review

#### Amazon.com Review

A teacher of the Twelve Steps shares his experience, strength, and hope with all those recovering from addictions, all who want to recover, and all who love them in this book of plain-spoken wisdom.

#### From Library Journal

"Any problem we see in our lives can be healed with the Steps," says McQ.--referring to the popular addiction treatment program started by Alcoholics Anonymous. Executive Director of Serenity Park, a treatment center in Little Rock, Arkansas, McQ. has been a student and teacher of the Twelve Steps for 28 years. This book is based on interviews between him and Sally C. and Huey C., two "editors" not mentioned in the copyright. Whereas in most Twelve-Step programs, "God" can be anything a person wishes, McQ. views God as the Creator of the Universe and Giver of the Steps. Such simplistic proselytizing might work well from a podium or pulpit, but the reader demands either personal insight or practical help, and this book is sorely lacking in both. In addition, McQ.'s distinction between Us (those involved in recovery) and Them will alienate prospective readers who have not yet committed to a recovery program.

- Rochelle Ratner, formerly Poetry Editor, "Soho Weekly News," New York

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### Users Review

#### From reader reviews:

#### Margaret Coleman:

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