


Connecting Across Cultures: The Helper's Toolkit


By Pamela A. Hays



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Chock-full of fun exercises, surprising tips, and real-world case examples, Pamela A. Hays' *Connecting Across Cultures: The Helper's Toolkit* provides both students and professionals in health care and social service with the skills to develop respectful, smooth relationships with their clients and with the community at large. The book provides practical, hands-on strategies for connecting with people across differences related to ethnicity, religion, nationality, sexual orientation, disability, age, gender, and class. Since cross-cultural relationships add a level of difficulty to all the usual relationship challenges, this book will be applicable for almost every relationship you may encounter.

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Editorial Review

About the Author

Pamela Hays holds a Ph.D. in Clinical Psychology from the University of Hawaii, a B.A. in psychology from New Mexico State University, and a certificate in French from La Sorbonne in Paris, France. From 1987 through 1988, she served as an NIMH postdoctoral fellow at the University of Rochester School of Medicine. From 1989 through 2000, she worked as core faculty member of the graduate psychology program at Antioch University in Seattle. In 2000, she returned to her home town on the Kenai Peninsula (Alaska) where she has since worked in community mental health, private practice, and with the Kenaitze Tribe's Nakenu Family Center. Her research has included work with Tunisian women in North Africa, and Vietnamese, Lao, and Cambodian people in the U.S. Pam lives in Kasilof, Alaska, which has a population of 500 people and several thousand moose. She provides consultation and teaches workshops internationally.

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