


Community Nutrition: Applying Epidemiology To Contemporary Practice


By Gail Frank



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This graduate-level community nutrition textbook presents community nutrition as a collaboration between the nutritional needs of a society and the practice of the profession. The text provides a conceptual framework for understanding the course of health and disease and matching community nutrition or applied nutrition epidemiology to the model. The second edition has been thoroughly revised with up-to-date information on general population nutrition; dietary guidance; infant, childhood, and adolescent nutrition; men and women's health; nutrition in chronic disease, and more. New features include a comparison of popular diets, weight management strategies for children and adults, and a community-based program update.

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- Sales Rank: #1440193 in Books
- Brand: Brand: Jones Bartlett Learning
- Published on: 2007-10-08
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 1.89" w x 7.99" l, 4.05 pounds
- Binding: Paperback
- 936 pages

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