



## Training Your Own Service Dog Book 2: Training Psychiatric Service Dogs - PTSD, Anxiety Disorders, and Depression

*By Lelah Sullivan, AKA Shana Cohen*

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**Training Your Own Service Dog Book 2: Training Psychiatric Service Dogs - PTSD, Anxiety Disorders, and Depression** By Lelah Sullivan, AKA Shana Cohen

(For Important Information, Please Read The Entire Description) This book is dedicated to the veterans of all wars, who with good reason comprise a large portion of those with PTSD and other related disabilities.

Of course, it doesn't take the carnage of war to cause PTSD; If our own “worst nightmares” become reality, severe psychological wounds can occur when the horror of the traumatic experience crosses the threshold of tolerance.

PTSD isn't about what's wrong with you. It's about what happened to you.

I believe that everyone who needs (and wants) a Service Dog should be able to have one, so I'm retiring from my Service Dog Training Coach business to focus on consolidating my lifetime of training experience into books (as well as dedicating time to answer questions for my readers, on the phone or via Skype as well as on the Facebook Group ([facebook.com/groups/180613442286351/](https://www.facebook.com/groups/180613442286351/)) all of which will be available for as long as my health permits, in case you have a training question that the book didn't answer.).

This book contains detailed information specific to Psychiatric Service Dogs and how they do their Work, including a 30 Day Intensive Training Curriculum with step by step instructions for training your own Psychiatric Service Dog.

I will teach you how to take your dog from the basic foundation training that you learned in Book 1 to teaching specific Tasks and Work that your dog might do to assist with the challenges unique to your situation.

Many people cannot afford the cost nor abide the long waiting lists to acquire a trained Service Dog from an organization and so are opting to train their own.

It's my hope that my books can help assure that those needing a Service Dog to combat the challenges of living with a disability may now have the means to train their own competent and reliable Service Dog.

If you are training your own Psychiatric Service Dog, this book can help guide you through the process.

NOTE: This book was meant to be read (and used) in combination with the first one in the series: Training Your Own Service Dog (Book 1).

Training Your Own Service Dog - Book 2 (Psychiatric Service Dogs) takes up where Book 1 leaves off, taking your dog from the basic foundation training common to all Service Dogs, to performing Tasks and Work for PTSD, anxiety, depression, and other disorders.

Book one lays the foundation not only for basic behaviors fundamental to all Service Dogs, but also to this training method in general, and will get you off to a good start.

Please forgive any repeated information that I felt necessary to put into this book that is already in Book 1.

If I knew everyone had already read the first book, I'd leave it out the repetition here, but there are points that I want to be sure everyone gets, whether they read the first book or not.

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### **Training Your Own Service Dog Book 2: Training Psychiatric Service Dogs - PTSD, Anxiety Disorders, and Depression By Lelah Sullivan, AKA Shana Cohen Bibliography**

- Sales Rank: #39322 in eBooks
- Published on: 2015-11-18
- Released on: 2015-11-18
- Format: Kindle eBook

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In this 21st hundred years, people become competitive in every single way. By being competitive at this point, people have do something to make these individuals survives, being in the middle of the crowded place and notice by surrounding. One thing that oftentimes many people have underestimated the idea for a while is reading. Yep, by reading a book your ability to survive boost then having chance to stand up than other is high. For yourself who want to start reading some sort of book, we give you this particular Training Your Own Service Dog Book 2: Training Psychiatric Service Dogs - PTSD, Anxiety Disorders, and Depression book as nice and daily reading publication. Why, because this book is greater than just a book.

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##### **Christopher Arredondo:**

Typically the book Training Your Own Service Dog Book 2: Training Psychiatric Service Dogs - PTSD, Anxiety Disorders, and Depression has a lot details on it. So when you make sure to read this book you can get a lot of gain. The book was compiled by the very famous author. The writer makes some research prior to write this book. That book very easy to read you can find the point easily after looking over this book.

##### **Brooke Gafford:**

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