



Family Life Education: Working with Families across the Lifespan, Third Edition

By Carol A. Darling, Dawn Cassidy, with Lane Powell



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Contemporary family life educators operate within a wide range of settings and with increasingly varied populations and families. In the third edition of *Family Life Education*, Darling and Cassidy expose readers to the diverse landscape of the field while laying a comprehensive, research-based, practical foundation for current and future family life educators. The authors, both CFLE-certified, consider the Certified Family Life Educator certification requirements of the National Council on Family Relations throughout the text.

Their broad overview of the field includes a brief history and discussion of family life education as an established profession. The authors incorporate theory, research, and practice while also providing guidelines for planning, implementing, and evaluating family life education programs. Chapters on sexuality education, relationship and marriage education, and parenting education provide attention to some of the more prevalent and visible forms of family life education. Comments from international colleagues and interactive classroom exercises focus on global trends, building awareness and appreciation of diversity. Discussion questions and activities encourage readers to examine issues and apply what they have learned.

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Editorial Review

Review

"I really appreciate the updates to the Third Edition. I especially like the addition of the chapter on globalization and families, since much of our student population is first generation. Overall, I think it reflects the field as it continues to grow in positive ways. Keep up the great work!" --Michael Jerpbak, Warner Pacific College

Users Review

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Helen Kingsbury:

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