



Crazy Wisdom (Dharma Ocean)

By Chogyam Trungpa

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Chogyam Trungpa describes "crazy wisdom" as an innocent state of mind that has the quality of early morning—fresh, sparkling, and completely awake. This fascinating book examines the life of Padmasambhava—the revered Indian teacher who brought Buddhism to Tibet—to illustrate the principle of crazy wisdom. From this profound point of view, spiritual practice does not provide comfortable answers to pain or confusion. On the contrary, painful emotions can be appreciated as a challenging opportunity for new discovery. In particular, the author discusses meditation as a practical way to uncover one's own innate wisdom.

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Editorial Review

About the Author

Chögyam Trungpa (1940–1987)—meditation master, teacher, and artist—founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spiritual Materialism*, and *The Myth of Freedom*.

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Jill Barks:

Why? Because this Crazy Wisdom (Dharma Ocean) is an unordinary book that the inside of the book waiting for you to snap the item but latter it will jolt you with the secret this inside. Reading this book beside it was fantastic author who have write the book in such amazing way makes the content on the inside easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This unique book will give you a lot of gains than the other book have such as help improving your proficiency and your critical thinking technique. So , still want to hesitate having that book? If I were being you I will go to the e-book store hurriedly.

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