



## A Garden of Pomegranates: Skrying on the Tree of Life

By Israel Regardie



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**A Garden of Pomegranates: Skrying on the Tree of Life** By Israel Regardie

Long considered the best single introduction to the Qabalah for magicians, the third edition of Israel Regardie's *A Garden of Pomegranates* is now better than ever, thanks to the extensive annotations and new material by Chic Cicero and Sandra Tabatha Cicero. Their work has made *A Garden of Pomegranates* easier to understand, more complete, and up to date. It now includes over 300 pages of never-before-published information from two Senior Adepts of the Hermetic Order of the Golden Dawn.

- Expands Regardie's definitive text into a practical manual for Qabalistic magic
- Includes pathworkings and guided visualizations for the 32 Paths of Wisdom
- Suggests a course of study for learning the Qabalah and incorporating its teachings into daily life
- Shows how to create your own personal Qabalistic mantra using gematria or Hebrew numerology
- Includes a technique for Rising on the Planes, so you can explore different Qabalistic worlds
- Features a Middle Pillar-style exercise for exploring and activating different parts of the soul
- Written by one of the most influential magical teachers of modern times and two of his personal students

The Qabalah is the ancient system of Hebrew mysticism that is the foundation of Western magical and esoteric studies. Its primary symbol is the Tree of Life, a diagram that can aid in the study of the nature of the Universe, the essence of God, and the human mind, spirit, and soul. *A Garden of Pomegranates* is the clearest introductory guide on this subject.

When Israel Regardie wrote *A Garden of Pomegranates* in 1932, he designed it to be a simple yet comprehensive guidebook outlining the complex system of the Qabalah and providing a key to its symbolism. Since then, it has achieved the status of a classic among texts on the Qabalah. The full annotations, critical commentary, and explanatory notes now make this book the ultimate single resource on the subject. The new material, including pathworkings, exercises, daily affirmations, rituals, meditations, and more, not only complement the original, full text included in this edition, but also make *A Garden of Pomegranates* indispensable for modern magicians.

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### Editorial Review

From the Publisher

Is it possible to make a classic better? Most authors think so. That's why they often produce new editions of their works. *A Garden of Pomegranates* by Israel Regardie went into its second edition over 30 years ago. For it, Regardie gave a new introduction, explaining some of the comments he had made in the first edition some 40 years earlier.

Regardie is no longer with us, and we felt that *A Garden of Pomegranates* needed an updating. Books written for an audience of 70 years ago don't always meet the needs of people today. Luckily, Chic and Sandra Tabatha Cicero, Senior Adepts of the Hermetic Order of the Golden Dawn and students of Regardie, were more than up to the task—and what an incredible job they have done.

*A Garden of Pomegranates* is the classic introduction to the magical Qabalah. The Ciceros have redrawn all of the original diagrams and added a score of notes, as well as a glossary, a bibliography, and an index to make finding information easier than ever. Plus, they have added more than 300 pages of additional material on working with the Tree of Life that can be put into use no matter what your level of experience.

Previously, *A Garden of Pomegranates* was one of the most important Qabalistic guides for the twentieth century. With the new edition, it is now the classic you must get for the new millennium.

About the Author

Francis I. Regardie, born in London, England, November 17, 1907; died in Sedona, Arizona, March 10, 1985. Came to the United States in August 1921, educated in Washington D.C. and studied art in school in Washington and Philadelphia. Returned to Europe in 1928 at the invitation of Aleister Crowley to work as his secretary and study with him. Returned to London as secretary to Thomas Burke 1932-34, and during that time wrote *A Garden of Pomegranates* and *The Tree of Life*.

In 1934 he was invited to join the Order of the Golden Dawn, Stella Matutina Temple, during which time he wrote *The Middle Pillar* and *The Art of True Healing*, and did the basic work for *The Philosopher's Stone*.

Returning to the United States in 1937 he entered Chiropractic College in New York, Graduating in 1941, and published *The Golden Dawn*. Served in the U.S. Army 1942-1945, and then moved to Los Angeles where he opened a chiropractic practice and taught psychiatry. Upon retirement in 1981, he moved to Sedona.

*During his lifetime, he studied psychoanalysis with Dr. E. Clegg and Dr. J. L. Bendit, and later studied psychotherapy under Dr. Nandor Fodor. His training encompassed Freudian, Jungian and Reichian methods.*

Both Chic and Tabatha are Chief Adepts of the Golden Dawn as re-established by Israel Regardie. The Hermetic Order of the Golden Dawn, of which Chic is the G.H. Emperor, and Tabatha is the G.H. Cancellaria, is an international Order with Temples in several countries. The Ciceros have written numerous books on the Golden Dawn, Tarot, and Magic, including *Self-Initiation into the Golden Dawn Tradition*, *The Essential Golden Dawn*, *Tarot Talismans*, and updates, annotations and introductions to classic Israel Regardie texts such as *The Philosopher's Stone*, *The Middle Pillar* and *A Garden of Pomegranates*.

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