



Your Self-Confident Baby: How to Encourage Your Child's Natural Abilities -- From the Very Start

By Magda Gerber, Allison Johnson



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"At long last -- Magda Gerber's wisdom and spice captured in a book --what a treasure! Now parents and caregivers everywhere can benefit from learning what it means to truly respect babies."

--**Janet Gonzalez-Mena**, Author of *Infants, Toddlers, and Caregivers and Dragon Mom*

"Magda Gerber's approach will deepen your understanding of your baby and help you truly appreciate the complexity, competence, and amazing capacities of the small human being for whom you are caring."

--**Jeree H. Pawl**, Ph.D. Director, Infant-Parent Program University of California, San Francisco, School of Medicine

As the founder of Resources for Infant Educators (RIE), Magda Gerber has spent decades helping new mothers and fathers give their children the best possible start in life. Her successful parenting approach harnesses the power of this basic fact: Your baby is unique and will grow in confidence if allowed to develop at his or her own pace. The key to successful parenting is learning to observe your child and to trust him or her to be an initiator, an explorer, a self-learner with an individual style of problem solving and mastery.

Now you can discover the acclaimed RIE approach. This practical and enlightening guide will help you:

- Develop your own observational skills
- Learn when to intervene with your baby and when not to
- Find ways to connect with your baby through daily caregiving routines such as feeding, diapering, and bathing
- Effectively handle common problems such as crying, discipline, sleep issues, toilet training, and much more.

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Editorial Review

Review

Excellent ideas for fostering closeness and healthy independence... easy to browse format of anecdotes and information arranged in chronological order. -- *Children's Literature*, 1998, by Deborah Zink Roffino

Readers will find plenty of wisdom and common sense on these pages. -- *Publisher's Weekly*, January 1998

This book gave me a practical guide to giving my children enough room... has been an amazing resource for me. -- *O, Oprah's Magazine*, May 2005, by Felicity Huffman

From the Publisher

Here is the "RIE" method, the increasingly popular, common-sense approach to child-raising, created by a renowned infant specialist and founder of Resources for Infant Educators. Explains how to use observation as the main tool for growth and learning, when to intervene and when to encourage independence, how to connect with a baby through daily tasks, and how to build trust, endurance and optimism in a child.

From the Back Cover

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Maureen Jones:

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