

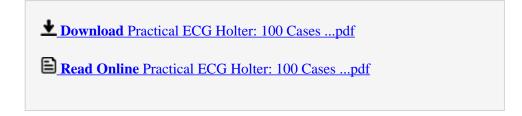
Practical ECG Holter: 100 Cases

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ECT Holter recordings, with their longer out-patient time span, allow physicians to make better informed decisions in cardiac cases. Ideal for rapid study, this book contains 100 ECG Holter monitoring case studies, each one including a tracing and explanation.



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Editorial Review

From the Back Cover

This book about ECG tracings and Holter recordings presented by Drs. Jan and Richard Adamec and Dr. Hein Wellens comprises quite an amazing collection. Each tracing is different from the others and sometimes presents unexplained arrhythmias at first glance. To fully understand these examples, one must understand their peculiarities. Nevertheless, each enigma has a solution, and each case is solved. Comprehension of the different arrhythmias includes their therapeutic consequences; sometimes the best therapeutic option is to do nothing. In studying these cases, it is essential to look very carefully and to understand the pattern of events? first to identify the mechanism, then to determine the clinical importance, and finally to decide whether the case is severe or benign. The classic ECG books, although very comprehensive, do not address this subject the same way. The examples presented in this book are from real-life cases from the practice of Drs. Jan and Richard Adamec and could not be explained adequately in a textbook. These real-life ECG tracings are very helpful because as cardiologists, our goal is to find an explanation for any pathologic tracing. The importance of this book, therefore, lies in its presentation and content, which is composed entirely of tracings from a practice in the Lake Geneva area. These tracings will certainly be of interest to doctors worldwide.

About the Author

Dr. Richard Adamec received his medical doctor (MD) degree in 1957 from Charles University in Prague. In 1988, he became a privatdocent. From 1975 to 1979, he was Senior Registrar at the Cardiology Centre of the University Hospital of Geneva. From 1979 to 1998, he served as Staff Cardiologist at both the Geneva Medical University Policlinic and the Cardiology Centre of the University Hospital of Geneva. Between 1975 and 1998, he was responsible for interpreting all Holter ECG recordings performed at both those institutions.

Dr. Jan Adamec received his Swiss Medical Federal diploma in 1988 and his doctorate in medicine (MD) from Geneva University in 1994. Since 1996, he has served as an FMH Specialist in Cardiology and Internal Medicine. Since 1997, he has been a Consultant Cardiologist at the Cardiology Centre (University Hospital of Geneva); an Associate Cardiologist at the Cecil Clinic Hirslanden, Lausanne; and Deputy Head Physician at the Clinic La Prairie, Montreux, Switzerland.

Dr. Hein Wellens, considered the founding father of clinical arrhythmology, studied medicine at the University of Leiden. From 1973 to 1977, he was Professor of Cardiology at the University of Amsterdam. From 1977 to 2001, he served as Professor of Cardiology and Chairman of the Department of Cardiology at the Academic Hospital of Maastricht University, creating a school of arrhythmology that educated more than 130 cardiologists from around the world during his tenure. Dr. Wellens also directed the Interuniversity Cardiological Institute of the Netherlands (ICIN) from 1993 to 2003 and was Associate Editor of *Circulation* from 1993 to 2004. He has authored or coauthored more than 600 peer-reviewed articles, 240 book chapters, and 20 cardiology books.

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