



Adam Heller's Zero Pain Now

By Adam B. Heller



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The proven process to become pain-free without drugs, surgery, or physical therapy.

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Editorial Review

About the Author

Adam Heller has helped thousands of people rapidly solve problems. He spent a decade helping his clients heal from a divorce, the loss of a loved one, lose weight, and overcome fears, phobias and panic attacks. Adam has developed new techniques that empower people to change their behaviors to overcome problems, and produce success. Three years ago Adam began examining the link between physical pain and emotions. He expanded on a rich body of evidence supporting the theory of what he came to name Diversion Pain Syndrome. The investigation produced the method that Adam titled Zero Pain Now Process. Most of Adam's time is now spent teaching people how to heal their own physical pain. Adam is the originator of Adam Heller's Zero Pain Now Process and Rapid Life Change. He is a Certified Instructor of Neuro Linguistic Programming (NLP), and a Certified Master in Integrative Coaching, Time Line Therapy™, Hypnosis and Spiritual Divorce.

Users Review

From reader reviews:

Lea Severino:

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Orville Norman:

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