

Nosh 4 Students: A Fun Student Cookbook


By Joy May


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This is the 4th edition of "Nosh for Students", a book originally inspired by the author's son, Ben, who left for university with no cooking skills. Toasted sandwiches and Mars bars were his staple diet, but these didn't serve him too well! What was needed to encourage him to cook was an easily attainable taste of home, oh, and pictures with every recipe! "Nosh for Students" was born. Since then, Joy has helped over 200,000 students get cooking with her straightforward and simple approach. Joy helps to take the chore out of cooking, giving students a taste of success and making the experience so much fun.

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Editorial Review

Review

What Real Students Say... "As a self confessed cookery dummy I found this book to be extremely useful. Its fun, easy to use, interesting and even my MUM uses it...a bargain price." "This book was a present just before leaving for uni. I have now finished my 2nd year and its my bible! ...the recipes are all really easy and inexpensive." "A beautifully illustrated book...It's easy to follow & you don't need tons of equipment - not even scales!" "This book is absolutely amazing. I started university not being able to cook and now I cook shepherd's pie, curry and full roast dinners just a year afterwards." "This book has revolutionized my eating habits! A menu for a week and planning what to buy will revolutionize spending habits too." "If your child is starting uni please buy them this book because I really do not know how I would have got through uni without it." What Mums and Others Say... "Beware! May reduce phone calls home...from what I can gather, this book has been in daily use in my daughter's new household for the last 6 weeks... she's almost stopped phoning up to say "How do I cook this?!" "I sent my lad off to university with a variety of student cookery books alongside a slow cooker. The slow cooker remains unused as are the other books - apart from this one. He shares a house with 5 lads, they all use this book." "My son never used to do any cooking, but now he cooks for himself every day! My daughter starts University in October so I got one for her too." "I will definitely buy a few more as gifts for friends' sons and daughters - excellent value!"

About the Author

Joy May I love food, always have. When I was about six, I started to learn how to cook. By the time I was 12, my sister and I could cook Sunday lunch. I love this heritage and I like nothing better than having a house full of people to feed. I wrote this book when Ben, my beloved eldest, left home for uni. I had no success in teaching him to cook. My final hope was that the harsh realities of a uni kitchen would be the kick-start that he needed. However, on sight of his pasty face as he returned from the first semester, I knew more proactive measures were in order. That's why I wrote this book.

Users Review

From reader reviews:

Richard Linneman:

This Nosh 4 Students: A Fun Student Cookbook book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is definitely information inside this book incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This Nosh 4 Students: A Fun Student Cookbook without we recognize teach the one who reading it become critical in imagining and analyzing. Don't end up being worry Nosh 4 Students: A Fun Student Cookbook can bring when you are and not make your bag space or bookshelves' turn out to be full because you can have it in the lovely laptop even cell phone. This Nosh 4 Students: A Fun Student Cookbook having excellent arrangement in word as well as layout, so you will not experience uninterested in reading.

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David Trudeau:

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