



Health, Safety, and Nutrition for the Young Child

By Lynn Marotz, Marie Z. Cross, Jeanettia M. Rush

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Health, Safety and Nutrition for the Young Child, 5th Edition provides students with a comprehensive and time-tested guide relative to the critical issues of the health, safety and nutrition of young children. It includes a wealth of practical information and resources for the student as well as the experienced early childhood educator, caregiver and parent. The text stresses the important role early childhood educators play in promoting good health and life-long healthy attitudes and practices for children. It also focuses on guiding children's educational experiences and provides strategies for creating safe and healthy environments. Several new features have been added to expand the student's understanding of basic concepts and their contemporary application. Information on such subjects as SIDS, HIV/AIDS, Fetal Alcohol Syndrome and otitis media has been expanded in this new edition. The text also includes a comprehensive overview of basic nutrition designed to help students and teachers better understand the critical value of good nutrition.

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Editorial Review

Review

The topics are explored enough to allow understanding and comprehension, and the case studies and examples connect the concepts presented. It is essential that the correlation be made between theory and application of concepts, and this text does an admirable job.

"An outstanding text with first-rate current researched information. Updated and new topics such as Childhood Depression, Resilient Children, and Poverty and Homelessness are just a few examples that make this text exceptional!

The amount of information included in the text is impressive. I find that the changes, updates, and additions strengthen the text, which is already of high quality.

This text's greatest strength lies in the breadth of the content covered.

The revisions suggested by the authors really strengthen the content, research base and overall appeal of the text. Each chapter contains significant revisions to update and upgrade the text. I felt there was a stronger and very current research base and the information added will be useful to parents and teachers alike.

About the Author

Lynn R. Marotz, Ph.D., R.N., is an Assistant Professor in the Department of Human Development and Family Life at the University of Kansas. She also serves as the Associate Director of the university's Child Development Center. Ms. Marotz is co-chair of the Higher Education Consortium on Early Childhood Education. She is a member of the Stakeholder's Advisory Committee/Early Childhood Council, Kansas State Board of Education. She is also a member of the Kansas Early Care and Education Professional Development Initiative, as well as a member of the Early Childhood Professional Preparation Initiative. She is a council member for the Gateway's to Early Childhood Careers Project and serves as a board member for the Douglas County Child Development Association (NAEYC Affiliate). In 1998, she was a visiting scholar at Arizona State University and is a former finalist for University Employee of the Year (1997).

Marie Z. Cross is Associate Professor Emeritus of Human Development and Family Life at the University of Kansas. She has received the Chancellors Club Teaching Award and the Mortar Board Outstanding Teacher Award.

Jeanettia M. Rush, R.D., L.D., received her M.A. in human development from the University of Kansas. A graduate of the dietetics and institutional management program at Kansas State University and the Dietetics Internship program of the University of California, she has worked as a hospital dietitian for 16 years and as a nutrition consultant for Meals on Wheels and Educare Laboratory Child Care Center. Other experience includes nutritionist with Johnson County, Kansas Health Department Prenatal/WIC Programs. She is currently employed as a clinical dietitian serving rehabilitation, critical care, and neurology units. Other duties include serving as adjunct faculty for the AP-4 dietetics internship program.

Users Review

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Monica Ceja:

Have you spare time to get a day? What do you do when you have far more or little spare time? Yeah, you can choose the suitable activity regarding spend your time. Any person spent their own spare time to take a stroll, shopping, or went to often the Mall. How about open as well as read a book eligible Health, Safety, and Nutrition for the Young Child? Maybe it is to get best activity for you. You know beside you can spend your time using your favorite's book, you can smarter than before. Do you agree with it has the opinion or you have various other opinion?

Angela Smith:

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Virginia McNally:

As a university student exactly feel bored to help reading. If their teacher expected them to go to the library in order to make summary for some reserve, they are complained. Just very little students that has reading's heart or real their leisure activity. They just do what the educator want, like asked to the library. They go to there but nothing reading critically. Any students feel that reading through is not important, boring and can't see colorful photos on there. Yeah, it is to be complicated. Book is very important to suit your needs. As we know that on this period of time, many ways to get whatever we want. Likewise word says, many ways to reach Chinese's country. Therefore this Health, Safety, and Nutrition for the Young Child can make you feel more interested to read.

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