


The Happiness Advantage: The Seven Principles of Positive Psychology That Fuel Success and Performance at Work (CD-Audio) - Common


By Read by Shawn Achor By (author) Shawn Achor



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Recent discoveries in the field of positive psychology have shown that happiness fuels success, not the other way around. Achor isolates seven practical, actionable principles that show how to capitalize on the Happiness Advantage to improve performance and maximize potential.

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