



## New Bach Flower Body Maps: Treatment by Topical Application

By Dietmar Krämer

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### New Bach Flower Body Maps: Treatment by Topical Application By Dietmar Krämer

Dietmar Kramer, one of Germany's most innovative practitioners of Bach Flower Therapy, has developed powerful new therapeutic applications that remain true to Edward Bach's wish for simplicity and ease of use. *New Bach Flower Body Maps* details Kramer's unique system of diagnosis, in which 242 areas of the body are correlated with each Bach Flower Remedy, and are mapped out in diagrams indicating the relationship between remedy and body zone. By reading the body maps, one can treat both physical symptoms and their emotional causes more directly. Physical ailments are relieved when the flower essences are applied to the skin, and underlying emotional problems improve more rapidly after topical treatment than after taking the drops orally. Preventive treatments are also possible using the body maps.

The author demonstrates that the effectiveness of the flower remedies is greatly increased when they are applied in the form of compresses or ointments.

Kramer's procedures are illustrated by many case studies which confirm the effectiveness of this significant new extension of Bach Flower Therapy.

Bach Flower Remedies are also used in beauty therapy. Many practical examples illustrate the use of Bach Flowers in skin care.

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## New Bach Flower Body Maps: Treatment by Topical Application By Dietmar Krämer Bibliography

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- Original language: English
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### Editorial Review

#### Review

"Kramer's research is groundbreaking. Once healers have determined where the body is ailing, they can consult the body maps and know promptly which Flower remedy will be most effective. He includes numerous case studies documenting his approach to treatment. *New Bach Flower Body Maps* is an essential reference for anyone using Bach Flower remedies." (*James A. Cox, The Midwest Book Review*)

#### Language Notes

Text: English (translation)

Original Language: German

#### About the Author

Dietmar Kramer, a licensed naturopath in his native Germany, has been active as a practitioner and teacher of holistic health care since 1983. He is also the author of *New Bach Flower Therapies*.

### Users Review

#### From reader reviews:

#### Frances Carpenter:

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#### James Drennan:

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