

Essentials of Research Methods in Health, Physical Education, Exercise Science, and Recreation (Point (Lippincott Williams & Wilkins))

By Kris E. Berg EdD, Richard W. Latin



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This easy-to-read, user-friendly text explores the full range of basic topics typically covered in research courses in exercise science, kinesiology, and physical education. The book provides the information and skills needed to write effective research proposals and theses; read, assess, interpret, and apply published research; and understand how to conduct basic studies in health, physical education, exercise science, athletic training, and recreation.

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