



Tricktionary II - The ultimate windsurfing bible - English Edition

By Michael Rossmeier, Sandra Schennach

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Produced with every level taken in to consideration, the TRICKTIONARY II takes beginners through the basics of windsurfing, explaining how to get started and how the equipment works. Intermediates will improve jibe and tack variations and stylish old school moves, whereas, finally, even more complicated jumps and the newest freestyle creations are achievable. The brand new, and complete, wave chapter unites everything associated with wavesailing and will make wave enthusiasts, and those who want to become one, happy.

Every move can be explored with the help of illustrative picture sequences. Explanatory text examines common problems and offers proper solutions as well as helpful tips to hasten your learning process. Additional features such as the fitness and health pages, the trim guide and a speed/slalom special complete this comprehensive training book.

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Besides the author, Michael Rossmeier, eight more professional windsurfers from all over Europe demonstrated their expertise in front of the camera of Sandra Schennach.

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