



Transforming Negative Reactions to Clients: From Frustration to Compassion

By Abraham W. Wolf



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Transforming Negative Reactions to Clients will help therapists established and novice understand and constructively use the wide range of interfering feelings they experience in their working alliance with challenging patients. Contributors to this edited volume explore therapists negative reactions across major therapeutic approaches and across various disorders, including borderline personality disorder; the concluding chapter contains practice and training recommendations.

Geared toward practicing psychotherapists and supervisors of apprentice therapists, the book draws on integrative and relational psychotherapy, research on the therapeutic alliance, and social psychology research on the reattribution of motive.

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Editorial Review

About the Author

Abraham W. Wolf, PhD, is a professor of psychology in psychiatry at the School of Medicine, Case Western Reserve University, and the former director of Psychotherapy Training at MetroHealth Medical Center. Dr. Wolf is a fellow and past president of the Division 29 (Division of Psychotherapy) of the American Psychological Association. He is the author of numerous articles in psychotherapy and health psychology. He is a consulting editor for *Psychotherapy*, *Professional Psychology*, *Psychotherapy Research*, and the *Journal of Sex & Marital Therapy*.

Marvin R. Goldfried, PhD, is a distinguished professor of psychology at Stony Brook University. He is the recipient of numerous awards from various psychological associations, a past president of the Society for Psychotherapy Research and the Society of Clinical Psychology, and the current president of Division 29 (Division of Psychotherapy) of the American Psychological Association. He is the founder of the journal *In Session* and the author of numerous articles and books. Dr. Goldfried is a cofounder of the Society for the Exploration of Psychotherapy Integration, and the founder of AFFIRM: Psychologists Affirming Their Lesbian, Gay, Bisexual and Transgender Family.

J. Christopher Muran, PhD, is the associate dean and a professor at the Derner Institute for Advanced Psychological Studies, Adelphi University, and the director of the Psychotherapy Research Program, Beth Israel Medical Center. Supported in part by National Institute of Mental Health, his research has resulted in numerous publications, including such books as *The Therapeutic Alliance in Brief Psychotherapy*, *Negotiating the Therapeutic Alliance: A Relational Treatment Guide*, *Self-Relations in the Psychotherapy Process*, *Dialogues on Difference: Diversity Studies of the Therapeutic Relationship*, *The Therapeutic Alliance: An Evidence-Based Guide to Practice*, and *Bringing Psychotherapy Research to Life*. He is a fellow of the American Psychological Association and the managing editor of *Psychotherapy Research*.

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